

FOR YOUTH DEVELOPMENT® FOR HEALTHY LIVING FOR SOCIAL RESPONSIBILITY

YMCA OF SNOHOMISH COUNTY SPRING 2024 FAMILY CAMP INFORMATION GUIDE

YMCA OF SNOHOMISH COUNTY MISSION STATEMENT

To inspire, nurture, and strengthen culturally vibrant communities through youth development, healthy living, and social responsibility.

NON-DISCRIMINATION STATEMENT

The YMCA of Snohomish County is an organization committed to diversity, inclusion, and non-discrimination. We welcome all people regardless of ethnicity/race, creed, color, national origin, sex, honorably discharged veteran or military status, marital status, gender, gender expression, gender identity, sexual orientation, age, religion, socio-economic status, or ability.

CULTURE OF INCLUSION

The Y believes that in a diverse world we are stronger when we are inclusive, when our doors are open to all, and when everyone has the opportunity to learn, grow, and thrive. As our laws and communities continue to change, one thing is constant: the YMCA is, and always will be, a place where individuals and families from all walks of life are welcomed and supported. We demonstrate this through equitable practices and procedures and offering programs and services that continually evolve to meet the changing needs of our community.

EMERGENCY PROCEDURES

INCLEMENT WEATHER

Most of our camp activities will take place outdoors, and campers need to be prepared for whatever the weather will bring! Most commonly, the rain we experience in the Pacific Northwest is light, and camp activities will continue in the drizzle. On days when the rain is heavier, camp activities will continue as long as they are still safe, and some activities may be moved indoors. Campers should have water repellant rain gear as an outer layer, and something warm as an inner layer in preparation for rainy days.

AIR QUALITY

YMCA employees monitor air quality regularly when it is of concern. If the Air Quality Index reaches 101 or higher, where it is unhealthy for sensitive groups, activities are moved indoors.

ACCOMMODATIONS AND MEALS

CABIN ASSIGNMENTS

Family camp is dedicated to building health relationships and communities. One way we build community is by sharing living spaces; pairing families together in cabins. Most cabins sleep 8 people. We assign 2–3 families per cabin, depending on family size. You are welcome to request to be paired with another family, and we will do our best to meet your request. We hope you will meet your new cabin mates with an open mind and welcoming spirit!

MEALS AND SNACKS

Breakfast, lunch, dinner, and an evening snack are provided on Saturday. Breakfast is provided on Sunday.

Friday dinner is not provided. Please eat before arriving to camp or bring food to eat at camp. Snacks will be available Friday evening.

WHAT TO BRING

Outdoor discovery and play are a major part of our program so we encourage you to pack clothes and belongings that you don't mind getting dirty or stained during the course of an activity.

PACKING LIST

- □ Sleeping bag OR twin sheets and blanket
- Pillow with pillow case
- Towels & washcloth
- □ Toothbrush & toothpaste
- ❑ Shampoo & soap
- Comb/brush
- □ Sunscreen & chapstick
- Flashlight
- Water bottle
- T-Shirts
- Shorts
- Jeans or long pants
- Sweater or sweatshirts
- Socks & underwear
- Pajamas
- Warm jacket
- □ Rain jacket/waterproof layer
- 🛛 Hat
- □ Athletic sandals with a backstrap and/or Closed-toe shoes
- □ Extra pair of shoes
- **Given Swimsuit & beach towel**
- □ Laundry bag for dirty clothes (no laundry services on camp)

OPTIONAL ITEMS:

- □ T-shirt or item to tie dye
- □ Travel games, cards, activity books
- Insect repellent
- □ Stuffed animal or comfort item for sleeping
- □ Journal and pen/pencil
- Books

WHAT NOT TO BRING

- Weapons of any kind (toys included)
- Pets or animals
- Meals and snacks will be provided and food must not be brought into the cabins. If you need to bring additional food please contact the camp director to arrange a storage area.
- Alcohol, cannabis, tobacco, or illegal drugs

The YMCA cannot be held responsible for broken, lost, or stolen items.

LOST AND FOUND

Please label all clothing, towels, and personal items with a permanent laundry marker or labels. Camp is not responsible for lost items. All unclaimed Lost & Found items are kept for 7 days after each week of camp then donated.

TYPICAL WEEKEND AT CAMP

Camp schedules are tentative and subject to change. A detailed schedule of activities will be available at camp check in.

Friday

- 6-9pm Check In
- 7-9pm Evening Activities

Saturday

- 8am Breakfast
- 9am-12pm Morning Activities
- 12:30pm Lunch
- 2-5pm Afternoon Activities
- 5:30pm Dinner
- 7pm Campfire
- 8-10pm Evening Activities

Sunday

- 8am Breakfast
 - 9am-11am Morning Activities
 - Check out of cabins by 11am
- 11am See you next time!

Camp activities include things such as archery, arts & crafts, STEM, hiking, outdoor education, sports, gaga ball, games, and more!

HEALTH AND SAFETY

SICK CAMPER PROCEDURES

The YMCA cannot accept anyone for camp when they are ill. If anyone in your family is experiencing any of the symptoms listed below, they will not be able to stay at camp:

- Fever of 100.4 degrees F or higher
- Cough
- Loss of taste and/or smell
- Shortness of breath
- Headache
- Muscle or body aches
- Sore throat
- Congestion or runny nose
- Nausea or Vomiting
- Diarrhea
- Draining rash
- Eye discharge or pink eye
- Too tired or sick to participate in daily activities
- Lice or nits

We will report communicable diseases to the local health department. We will also notify other families so appropriate action can be taken to protect campers as applicable.

CHILD ABUSE PREVENTION

A main focus of the YMCA is to provide a healthy atmosphere for the growth and development of children. Any suspected or reported child abuse shall be treated in accordance with applicable laws and approved policies. All YMCA employees must read and sign the Child Abuse Prevention Policy prior to employment annually.

CHILD ABUSE REPORTING

The YMCA staff shall protect the child in care from child abuse, neglect, or exploitation, as required under RCW chapter 26.44. Camp staff are mandated reporters and are required to report any suspicion of child abuse. We may NOT notify parents if this occurs except upon the recommendation of Child Protective Services or the Police.

CAMP SUPERVISION

During Family Camping Weekends all minor campers are required to be accompanied by a parent, guardian or other adult who has agreed to be responsible for the child. Parents, guardians and responsible adults will be responsible for the health and safety of the children under their care.

GETTING TO CAMP

TRANSPORTATION

Family Camp will be held at: Lake Wenatchee YMCA Camp 15263 North Shore Drive Leavenworth, WA 98826

Families will be responsible for their transportation to and from camp.

DIRECTIONS

From the west (Monroe/Seattle)

- Drive to Monroe, WA (via Hwy 522 from I-405 or Hwy 2 from I-5).
- Take US-2 east from Monroe about 70 miles (over Stevens Pass) to Coles Corner (Hwy 207).
- Turn left at Coles Corner (Hwy 207) toward Lake Wenatchee.
- Drive about 5 miles to green bridge over the Wenatchee River.
- Cross the bridge and stay left at the "Y" in the road.
- Drive approximately 1.5 miles and turn left onto North Shore Drive.
- Turn left into the second driveway (large YMCA Camp sign).

CHECK IN/OUT TIMES

Check-in: Friday, May 31st between 6-9pm. **Check-out**: Sunday, June 2nd by 11am

CHECK IN PROCEDURES

- Check in will be held in the Lodge
- It is required to go through the entire check in process to attend camp
- During check in you will be given full weekend schedules and the ability to sign up for reserved activity time slots

LATE ARRIVALS & NO SHOWS

If you will arrive late to camp please notify wbutterfield@ymca-snoco.org to make arrangements. No refunds are given for late arrivals or no shows.

PAYMENTS AND REFUNDS

PAYMENTS

Payment must be received by the YMCA by May 1st or your registration will be removed from the camp roster and the original deposit will be forfeited. For your convenience, our system will prompt you to schedule future payments automatically at the time of registration. If you need to update the card to be billed, please call 425 374 5779.

CHANGES

For cancellations or transfers, please submit a camp change form at least one month prior to the start of the session. Refunds will be given as a YMCA credit when applicable based on the schedule below. Deposits are non-refundable. We will follow the schedule below related to refunds and credits.

Refund Requested by May 1st: Deposit is Forfeited / 100% of any additional payments (outside the deposit) issued as Account Credit

Refund Requested after May 1st: Deposit is Forfeited / 0% of Fee Issued as Account Credit or Refund

FINANCIAL ASSISTANCE

The YMCA of Snohomish County makes every effort to ensure that no person will be denied access to programs and membership because of financial hardship. Applications for financial assistance are available online or at your local branch.

CODE OF CONDUCT

The YMCA is committed to providing a positive atmosphere that is safe and inclusive to all in our community. Therefore, the YMCA of Snohomish County has adopted a code of conduct to govern the actions and behavior of all people while in our facilities and while participating in YMCA programs.

All individuals are expected to:

- Uphold the YMCA core values of respect, responsibility, honesty, & caring
- Provide an atmosphere free of derogatory or unwelcome comments, conduct or actions of a sexual nature, or actions based on an individual's sex, race, ethnicity, age, religion, abilities, sexual orientation, or any other legally protected statutes
- Be respectful and cooperative with YMCA staff and others

The following will NOT be tolerated by anyone at YMCA facilities and in YMCA programs:

- Abusive, harassing, and/or obscene language or gestures
- Threats of harm, physical aggression, violent acts, or bullying
- Weapons of any kind
- Damaging or defacing YMCA or school property
- Possession, sale, use, or being under the influence of alcohol, tobacco, cannabis or illegal drugs
- Offensive or unlawful conduct
- Improper exposure

It may become necessary for the benefit of the child, as well as for the safety of the other children and staff, to remove a child, parent/guardian or family from our program.

CONTACT INFORMATION

Camp Director	Camp Phone
Whitney Butterfield	425 622 8223
wbutterfield@ymca-snoco.org 425 312 6927	*The camp phone will only be monitored May 31-June 2. Before or after that time please contact the camp director.